

3 Things You Must Say to Him So He Loves You Forever

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About Me

Hi, my name's Scott.

I'm here to show you how men really think.

And how to talk to the man you love so he understands the feelings you have for him.

Like really understands and feels them.

So he opens up and commits to you for life.

This isn't super easy to do.

But if you stick with me here and do what I show you.

It will happen for you.

Now let's get started!

-Scott



The 3 Real Problems...

There are 3 things you must say to him because there are 3 problems he has.

The first is:

1. He's scared you'll betray him

He's scared of commitment.

He's afraid if he devotes himself to you, you could change into a completely different person overnight.

And then he has to deal with it forever.

The answer is to be a source of comfort and reassurance for him.

We need to be able to calm him down so he feels certain and at ease around you.

And can be himself.

The truth is, men are scared.

Actual romance, love and commitment terrify him because he loses control of his own life.

At least with most women.

We need to introduce the idea that his life will be freer with you, because it will, even if he doesn't know it yet.

And remember, we never say he's scared.

That might bother him.

We just understand he's uncertain and treat him accordingly.

Then he can talk to you and trust you because he knows you won't surprise him.

Then:

2. He has to see your independence and respect for yourself

He doesn't respect most people.

Because they don't do what they say they're going to do.

They give up too soon or let themselves down.

And so to him, they don't respect or believe in themselves.

So he doesn't either.

This is subconscious. It's not something he thinks or talks about, he just notices it and it changes the way he sees you.

When you respect yourself, he respects you, and you make him feel good.

Because your word matters and has weight, unlike other people.

He listens to you because you mean what you say. You aren't just being nice or trying to get something from him.

Now you can make an impact on him.

And what you do influences how he feels about himself.

Because when he respects you, he's attracted to you.

It may not be romantic attraction at first, but he finds you interesting.

And there's always more to you than meets the eye.

A sort of mystery that endlessly fascinates him.

Then:

3. You have to respect him and make him feel he's good enough in a way no one else does

There's someone he wants to be.

But he has self-doubts as to whether he is that person, and whether he's good enough to be that person.

He's not sure he can do what he wants to with his life.

So he's afraid he could fail to achieve his goals.

Once he knows you're for real.

You can respect him in a way he's never felt before.

And his ego and confidence swell with pride.

Because he knows he's worthy and doing what he knows he's supposed to be doing.

What he wants to do.

Only you can give this feeling to him.

And you once you do that, he wants and loves you because you fulfill his life. And only you do that for him.

I have one more thing to say.

Some women read my stuff and think:

"Oh, I already knew that, so it doesn't apply to me."

Maybe they think they already knew it, but they don't do it.

My point is, don't underestimate this stuff. It works.

Because it's how he works internally.

You have to say the things I show you.

But you also have to *do* them.

You have to live them so he knows you're for real.

That's what men notice and respect.

Action.

The words are important, but you have to embody the words to make them real.

You need these 3 ingredients.

You need to be able to calm him:

"You don't have to do it now. Don't worry about it."

You need to earn his respect with the way you act so he's fascinated by you:

"I have to do it because I made a promise to myself."

"I couldn't let them disrespect me anymore."

And you have to believe in him in a way no one else does that's meaningful for him.

"Wow, I've never seen anyone else but you do that before."

"I didn't know anyone could actually do that until you did/I saw you do it."

Let's go into each of these in depth...

1. Bringing Balance and Sanity Through Comfortable Conversation

The number one skill you must have is not freaking him out.

Or really, calming him down when he's freaked out.

Whenever you want to reassure a man, you bring balance and sanity.

I'm not saying you're imbalanced or lack sanity.

But what drives him away is a feeling he isn't talking to a rational human being

It doesn't matter if you're perfectly rational. He can be scared into thinking you aren't.

So the first thing we do when a man starts to go silent or cold.

Is slow down.

Stop.

And take the pressure off him. Even if it's pressure he's just imagining.

"You never have to be that way with me."

"Don't worry, I don't mind. You can do whatever you want."

"I'll never ask you to change for me."

"Just tell me if I'm bothering you."

You don't have to be apologetic or servile, but you should understand men are skittish.

They're not as tough as they look or act, at least when it comes to relationships and especially commitment.

Most of the time when he's having a problem, you can just stop and give him space to make him feel better.

And especially, show him it's okay for him to want space or need to be alone whenever he wants.

This shows you pick up on his signals and respect his boundaries.

In every case, making him feel comfortable means not imposing anything on him.

You don't have to do anything for him.

You just have to be able to stop, leave him alone and not ask him anything or bother him.

"I have to do something, so I'm going to leave you alone for a bit."

"I'm not gonna bother you about it."

"I'll leave you alone now."

"You go and have fun. I'll be thinking of you."

Being able to leave him alone and mean it, and not let it bother you, will make you stand out forever in his mind.

Another thing men love is when you can talk about something other than a relationship, like it's not the only thing on your mind.

If he's uneasy about commitment, let's stop talking about it.

And talk about things that interest him without bringing up his relationship fears.

"What about _____ interests you the most?"

"Could you explain/summarize it for me?"

"What are you planning to do with everything you know about _____?"

“What do you like most about _____?”

“Where did you first learn to do that?”

There’s always something he likes talking about that puts him at ease.

Get him talking about it and he’ll associate the good feelings it gives him with you.

You may be asking:

“How does this make him love me?”

It doesn’t by itself.

But it’s the foundation for him to trust you, and to be interested and fascinated by you.

Which has to be there for him to love you.

Next up is:

2. Your Independence and Personal Power

He can only truly love you if he respects you.

And he only respects people who have respect for themselves.

And are truly independent.

Let me be clear, because I don't want you to misunderstand me.

When he has respect for you, it means you make an impact on him, so he can't forget you.

Respect doesn't mean he's nice to you. It means he takes you seriously on a personal level.

He can be really nice to you and even like you but not have a lot of respect for you.

Respect only comes when he sees how much you respect yourself. This is when he becomes attached to you.

And the women who earn his respect don't demand it.

They demonstrate self-respect and personal strength.

They don't let themselves down.

So losing control of yourself.

Getting emotional.

Doing something out of character to make a point.

Or get revenge.

Is weakness to him.

And weakness makes him realize you aren't reliable.

Don't say this:

~~"I don't understand why you aren't listening to me!"~~

It means you aren't in control of yourself, your emotions are.

And you could do anything when you lose control.

Then he doesn't know what you would do if he had to rely on you.

Because you aren't reasonable, at least to him.

This ties into my first point of not scaring him.

But your personal strength and emotional independence are what make him attracted to you.

He'll never, ever say this.

Because he probably doesn't know it.

But it's how it works, completely.

Being your authentic self and not being afraid to tell him how you really feel makes you attractive to him.

Never apologize or make excuses for who you are. Never change yourself to try to please him.

Again, this is more action than words.

But there are words that tell him you respect and care about yourself.

"I can only be me, and that's what makes me happy."

"I have to do it because I know it's what I really want."

"I can't bring myself to because I respect myself too much."

“I learned a long time ago I’m not normal, and that’s okay.”

“I have to do what I promised myself I’d do.”

“I don’t like doing it, but I like the results it brings me.”

Notice how we’re not making a point or making a fuss.

We’re not making a dramatic stand.

We just are. We’re just being ourselves.

You’re not combative or sassy to prove your independence.

You just don’t believe everything you hear.

And you especially don’t get pressured into believing something you don’t, and being someone you’re not. This is very important to men.

Some women think they need to be a certain way for a man to love them.

But what men love is when you are the way you are.

Without apologizing for it or making a big deal of it.

Of course, you should also be a pleasant person.

With a unique positivity and outlook.

But you show the strength to be who you are and do what you want no matter what anyone else thinks. Even him.

And not be bitter about it when you disagree with him.

You can be yourself and still be the bright light in his life.

The key thing you need to put in his head is that even though you absolutely adore him.

And want him in your life more than anything.

You still don't have to have him to function. You're still yourself. You don't fall apart without him.

You're really sad without him, so you're honest about your emotions, but you aren't angry and you don't change just because he isn't there or in your life.

"I miss you terribly but I am carrying on."

"I don't think I'd die without you, but I'd feel like I was."

"I want to be with you forever, and I want us to be our true selves and completely honest with each other."

Keep the promises you make to yourself and to him.

This is hard to do.

Most women he knows can't do it.

And that's why he'll love you for it.

Be a woman.

Be kind, caring, nurturing.

And also be strong without hard, bitter feelings.

It's a tough balance, I know.

But you can do it.

3. Unique Respect for Him that Distinguishes You from Everyone Else

Respect for men is a kind of love.

It isn't quite romantic love, but it's required for romantic love.

Once he respects you as someone different than everyone else.

You have an opportunity to respect him in a unique way.

To show you understand what he does and why he does it.

And what fulfills him.

You know how it makes him feel.

How important it is to him.

How he draws pride from it.

What it means to him.

Then you become a part of his life.

And he becomes attached to you.

You have to remember he doesn't want admiration, praise or servitude.

He needs someone who knows that what he's doing is right or good or best in some way.

You know the reason he's great and why what he's doing is right.

You can do this because you love him and have utmost faith in him.

You know his true character and who he really is underneath.

“I have faith/confidence in you.”

“I know that you’ll solve/figure it out.”

“I love what you do.”

“Only you can do it that way.”

“Maybe you think you can’t do it sometimes, but I know you will if you keep trying. You don’t let anything stop you.”

“I believe in you.”

“And I always will.”

You’re respecting his life and mission in it.

Not like a mom.

Not like an occult fan.

But someone who’s on that mission with him.

“I know that we can do it.”

“I believe your can do it, if you keep trying/believing in yourself.”

“Let’s do it.”

“We’ll do it together.”

Improving his self-confidence in a sincere way.

Without making a big deal of if or trying to convince him.

It’s just true.

“Only you can do it this/that.”

“You’re the best at this/that.”

“I like/love the way you _____.”

“There’s no one else like you.”

“There’s never been anyone else like you before.”

“You’re basically like a superhero to me or something.”

“I can’t say that I’ve ever met anyone like you/seen anyone else do that before.”

“I can only say that because I know it’s true. You’re that good of a person.”

Once he realizes you believe in him.

He feels like a complete person. Like who he’s meant to be.

He knows what he’s the best at. What only he can do.

Especially for you.

And you can tell him how much he means to you and how he helps you.

“I wouldn’t be able to without you.”

“What would I be/do without you?”

“I feel right/like myself when I’m around you.”

“You make me feel like it’s okay to be myself.”

“I feel good/safe when I’m around you.”

Appreciating something specific he does for you that he takes pride in.

“Thank you for _____.”

“That really makes my life easier.”

“My life is better because of you/what you do for me.”

“It means the world to me that you do that.”

“It makes my life so much easier because you do that.”

Is there more to winning his love than that?

Yes, of course.

But this is the foundation.

He will feel a magnetic pull to you that never goes away.

And if there's a man you can't live without, here's exactly what to say to him in his language so he only wants you for the rest of his life...

[What you must say to him now so he only wants you forever...](#)